

Welcome to my God Buddy blog!

Today more than at any other time, men need better friendships. In fact, I believe that every guy needs a God Buddy or two or three!

Via these God Buddy posts, I hope to provide you with some very practical ways on how to develop this thing I call a “God Buddy” relationship with other guys who can help you become a better man.



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For this reason, I’m starting this blog with the over-arching goal to explain why men (and women for that matter!) need more authentic and genuine friendships. I began calling these relationships “GBs” (short for “God Buddies”) more than 10 years ago since I saw the need (and had the need myself) for a

deeper relationships with a small number of guys rather than relying on the numerous and very shallow acquaintances that so many of people have these days.

One of my favorite Bible verses is Proverbs 27:17 epitomizes the God Buddy principle as it helps both guys become better.

Iron sharpens iron, so one man sharpens another.

—Proverbs 27:17 New American Standard Bible (NASB)

I will write more about this verse in a future post but it essentially means there is a mutual advantage. As when two pieces of iron rub together, the edges become sharper turning them into knives or swords, which makes it more effective in the ability to cut. Similarly, when we sharpen one another—by holding each other accountable for our behaviors and virtues, we improve our ability to be men.

Future posts will also include words of encouragement for you to take the risk to get into a God Buddy relationship. I will include tips on how to care for yourself and those within your circle of influence: your spouse, children, extended family, and friends...and even your own GBs!

My end goal is to eventually write the book that's been swirling around in my brain for many years on the topic of God Buddies. Your contributions via the comment section on each post and suggestions for additional related topics will also help me along the way flesh out this concept even more.

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