

About Me



My name is Rich Gorecki and I'm just a "regular kind of guy" writing my first ever blog based on my personal experience with authentic friendships.

I have flushed out the concept of "God Buddies" based on my own personal experiences with friendships over the years and through the men's group at my church. It really started after some personal struggles with work-life balance and coming to a better understanding about the changing beliefs from my youth.

I guess you can say I'm becoming a student on the issue of how we become better men!

While I'm still in learning-mode about my faith and knowledge of the Bible, I have read numerous books articles and blogs about raising boys and the cultural issues for men. I actively participate in various Bible studies both in and near my church.

I live in Chicago's western suburbs and am married to my high school sweetheart, Cyndi. Together, we have raised 3 adult boys into young men, have a dog, and attend a local Presbyterian church. I'm the volunteer leader of a men's group and an elder at my church. While I was helping raise my boys, I was an Assistant Scoutmaster with the local Boy Scout troop, youth t-ball and soccer coach, and former member of the D.O.G.S. program (Dads of Great Students) at a nearby elementary school. I am a trained Stephen Minister and have volunteered as a mentor with Wayside Cross Ministries (an organization that helps men in transition).

In my free-time, I enjoy golf, biking, walking/running and watching just about any kind of sport; especially my beloved White Sox, Bears, Blackhawks, and Bulls. I graduated from Lewis University with a BA in business management and work in the printing and publishing industry while working on my "pre-retirement" planning project for the next chapter of my life.